



**INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
Regional Centre, Lucknow**

**Report on efforts of IGNOU, Regional Centre, Lucknow for sensitizing the students about  
IGNOU Programmes, Nasha Mukht Bharat Abhiyan and Viksit Bharat@2047 at IGNOU  
Learner Support Center- 27126, CSN PG College, HarDOI**

Indira Gandhi National Open University (IGNOU), Regional Centre, Lucknow in collaboration with CSN PG College, HarDOI organized an Awareness Program about IGNOU Programmes Nasha Mukht Bharat Abhiyaan and Viksit Bharat@2047 on 19<sup>th</sup> December 2023. On this occasion Dr. Reena Kumari, Assistant Regional Director, IGNOU, Regional Centre, Lucknow, Prof. K.K. Singh, Principal of the College, Prof. Sandeep Sinha, Coordinator of the Learner Support Center-27126, CSN PG College, HarDOI and students were present.

The programme was started by Garlanding of Maa Saraswati by the dignitaries. Prof. Sandeep Sinha, Coordinator welcomed the participants as well dignitaries present in the programme.





**Dr. Reena Kumari** spoke in her address that students may join IGNOU Programmes for skill & knowledge enhancement for their brighter future. **Dr. Reena** said that IGNOU is offering near about 300 programmes including Certificate, Diploma, PG Diploma, Bachelor and Master Degree Programmes. IGNOU has added features in Education System as per NEP-2020. Dr. Reena discussed about the flexibilities related to duration of the programme, Examination Centre and e-study material available at IGNOU website.



**Dr. Reena** further explained in her address that IGNOU Programmes are employment generating and groom the personality of the students. **Dr. Reena** said that IGNOU offers Programmes under 21 schools of studies. It was informed to the students for downloading about e-study material of IGNOU from e-Gyankosh for enhancement of knowledge a better performance. Queries raised by the participants were replied by IGNOU Officials. Further, she spoke about Certificate in Human Rights, Certificate in Disaster Management, Certificate in Food and Nutrition, Certificate in Yoga, Certificate in First-Aid, Certificate in French Language, Certificate in Arabic Language, Post Graduate Diploma in Translation Studies, Post Graduate Certificate in Cyber Law, MA in Jyotish, Psychology, Anthropology, Corporate and



Social Responsibility, Sociology, Economics, History, Entrepreneurship, Gandhi & Peace Studies and MBA Programme in detail. Students were motivated to follow the social media platforms of IGNOU for updated information related to IGNOU Programmes and activities. Dr. Reena motivated the students to participate in Vikshit Bharat@2047 Campaign and make the entries of their suggestion for Vikshit Bharat on mygov.in portal.



Dr. Reena administered the pledge of Nasha Mukti and Vikshit Bharat. She Explained the causes and prevention of Drug addiction. Conditioning therapy may be used to free from use of drugs, smoking and consumption of Alcohol. She further encouraged the youth for modification of their life style by following Yogic Exercises, Cardiac Exercises, Gym, Sports and Mediation. Brisk walk for 30 minutes a day may minimize the danger of cardiac arrest.

The programme was conducted by Prof. Sandeep Sinha and formal vote of thanks was delivered by Prof. K.K. Singh.

**-Senior Regional Director**